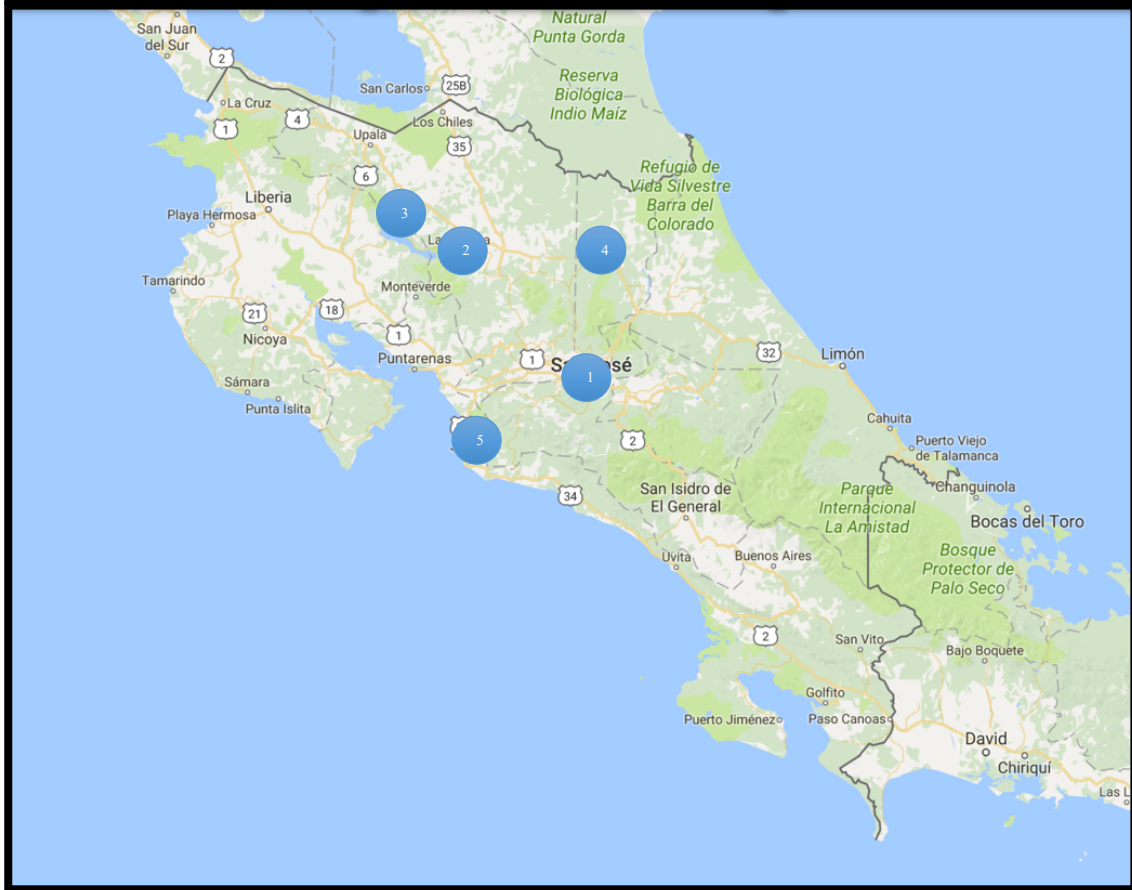


# Bare-necked Umbrellabird Tour

## COSTA RICA

10 days and 9 nights



- 1: San Jose  
City
- 2: Arenal  
Volcano Area
- 3: Tenorio  
Volcano Area
- 4: Caribbean  
Rainforest
- 5: Central  
Pacific

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## *RESUME OF ITINERARY*

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- Day 1.** *Welcome to Costa Rica, San José City, El Robledal Hotel.*
- Day 2.** *Arenal Volcano Area, Arenal Observatory Lodge.*
- Day 3.** *Arenal Volcano Area, Arenal Observatory Lodge.*
- Day 4.** *Tenorio Volcano Area, Celeste Mountain Lodge.*
- Day 5.** *Tenorio Volcano Area, Celeste Mountain Lodge.*
- Day 6.** *Caribbean Rainforest, La Selva OET.*
- Day 7.** *Caribbean Rainforest, La Selva OET.*
- Day 8.** *Central Pacific, Villa Lapas Jungle Village.*
- Day 9.** *San José City, El Robledal Hotel.*
- Day 10.** *Good Bye Costa Rica! Flight Back home.*

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## *DETAILED ITINERARY*

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**Day 1. Welcome to Costa Rica. (Night at Robledal Hotel or similar)**

Today we have all day for arrivals at Juan Santa Maria Intl. Airport, Costa Rica.

You will be welcome at the airport, just outside arrivals by a representative of Lifer Nature Tours and then immediately they will take you to your first hotel near the airport, a quiet and nice facility called Robledal Hotel.

This location offers a convenient access to the airport and good birds in the grounds like Ferruginous Pygmy Owl, Spot-breasted Oriole, Rufous-naped Wren, Pacific Screech-Owl, Cinnamon Hummingbird among others. If you arrive



early you can bird with Juan Diego in a surrounding area near the hotel called "Paz University Road" looking for Striped Cuckoo, Fiery-billed Aracari, Yellow-naped Parrot, Crimson-fronted Parakeet, **Blue-vented Hummingbird**, Plain-capped Starthroat among others.

Dinner in the hotel included, it will be around 6:30pm.

### ***Day 2-3. Arenal Volcano Area- (night at Arenal Observatory Lodge or similar)***



We will have a lunch on the road at Canopy San Luis, this is a recreational place where you can find many types of activities, including birdwatching, it has feeders where you can enjoy birds like Green Hermit, Rufous-tailed Hummingbird, White-throated Mountain-gem, Emerald Tanager, Blue and-gold Tanager, Violet Sabrewing. When we arrive at the hotel you will be able to enjoy the trails, they have a great birds

and beautiful landscapes to offer to their visitors. We will have a dinner at 6:30 pm, then we can do a night walk to observe more birds.

Next day, for about 6:00 am we will visit the feeders of the Bogarín Trails in La Fortuna, in this place we can find many birds like Keel-billed and Yellow-throated toucans, White-throated



Crake, Gray-headed Chachalaca, Crested Guan, Green and Red-legged honeycreepers, Boat-billed Heron, American Pygmy Kingfisher and Yellow-crowned Night-Heron. Also, in this place we can find frogs, mammals, and reptiles, you will enjoy it!

We will spend the whole day in this place as it has a lot to offer, and it takes a long time to get to know all the birds that the Bogarín Trails have to show.

The Dinner and checklist will be around 6:30pm.

#### ***Day 4-5. Tenorio Volcano Area (night at Celeste Mountain Lodge or similar)***

This day we will start either with a pack breakfast or with an early breakfast to head the whole morning to a reserve called Tapir Valley. An amazing super pristine foothill rainforest with amazing species like Tody Motmot, **Bare-necked Umbrellabird**, Striped Woodhaunter, Northern Schiffornis, White-tipped Sicklebill, Rufous-winged Tanager (a true specialty of this area), Purplish-backed Quail-dove and many others. Not to mention this is also one of the best places in the country for good close-up views of male Snowcap.

In the afternoon we will decide if we visit Tapir Valley again or we go to the reserve of the hotel in where we have fair chances for the super rarity Black-eared Wood-quail maybe the rarest wood-quail in Costa Rica.

The Dinner and checklist will be around 6:30pm.

### ***Day 6-7. Caribbean Rainforest (Night at La Selva OET or similar)***

The next day, at 6:00 am, we will walk on trails looking for Black-capped Pygmy Tyrant, Great Curassow, Ornate Hawk Eagle, Pied Puffbird, White-fronted Nunbird, Ocellated Antbird, Collared and Barred Forest-Falcons, Cinnamon and Chestnut-colored woodpeckers and Central American Pygmy Owl. Great Green Macaw is likely to be a common sighting in this location. The lunch will be at 12:00pm and then a 1-hour break to let the heat go down.

Afternoon we will go to Cope Arte to birding there. Back to the station around 5:30pm and at night we will try for Black-and-white, Crested and Spectacled owls. We are sure that this place is full of wonderful birds, they are everywhere, you are going to love the experience!

Dinner and checklist after the owls around 7:30pm.



### ***Day 8. Central Pacific (Night at Villa Lapas Jungle Village or similar)***

A second try for the Resplendent Quetzal and after a nice breakfast we will head to the birding destination in the pacific lowlands (or get some more photos in the highlands if still need it). We will stop for lunch on route and then continue to our hotel.

We will spend the afternoon locally in vicinity of the hotel looking for the elusive Scarlet Macaw! Also, around the same area Ferruginous Pygmy-Owl, Pearl Kite, **Fiery-billed Aracari** and Yellow-napped, White-fronted and Orange-fronted Parrots are possible; the Pacific Screech-Owl and Black and White Owl should give us good photo opportunities at night too.

Next morning, we will start early with a very productive photo safari by boat in the mangroves of Tárcoles river and hopefully get **Roseate**

**Spoonbill**, Wood Stork, 3 species of Kingfishers Mangrove Vireo, Common Black Hawk, Yellow-headed Caracara and with some luck a Mangrove Hummingbird. Later in the morning (or maybe in the afternoon) we will invest some time exploring the entrance road of the hotel looking for the elusive Fiery-billed Aracari and Keel-billed Toucan; also, Slaty-tailed, Black-throated and Gartered Trogons. Rufous-tailed Jacamar and White-whiskered Puffbird inhabit this roadside forest too. Scarlet Macaw will be a major target all the time we spend in Central Pacific and the photographic opportunities are usually numerous.

Arrive in late afternoon at our hotel to try for Spectacled Owl near our rooms.

### **Day 9. San José City. (Night at Robledal Hotel)**

In the morning we will invest some time exploring the entrance road of the hotel looking for missing bird species from previous day.

In the afternoon we will drive to San Jose city with stops along the way if there is



any missing target we can get before getting to San Jose.

***Day 10. Good Bye Costa Rica! Departure flight.***

After the breakfast a representative of our company will drive you to the airport to catch your flights back home on time.



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## PACKAGE INCLUDES

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- 10 days in Costa Rica – 9 nights lodging.
- Transportation on spacious bus.
- Fuel of the bus included through the trip.
- Specialized guide with Spotting Scope, Portable speaker + Ipod with Costa Rican bird calls to play-back calls of a bird if necessary and a laser pointer to help locate birds in the field.
- Accommodation in all hotels.
- All times meals starting on day one lunch and ends of day 10 breakfast.
- Entrance fees to:
  - Quetzal Photography Tour in highlands of Costa Rica.
  - Private deck for multiple flash photography in highlands.
  - One boat tour in Tárcoles river.
  - Tapir Valley Tour.
  - Bogarín Feeders.
  - Carara National Park.



Resplendent Quetzal using an artificial nest



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## BOOKING POLICIES AND ADDITIONAL NOTES

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- Please confirm the acceptance of the price and brief itinerary eight (8) days after the email is sent. Please reply with the number of rooms you want us to block at hotels.
- A first payment of \$5000 (for groups) or 10% for individual travelers will be required for booking spaces at the hotels.
- After the payment confirmation we will start with the bookings at each place. An invoice will be remitted by Lifer Nature Tours with the first payment and balance.
- Lifer Nature Tours will do all possible to find space at each location or lodge listed. If the rooms are not available, we will move to the next available choice in the same quality category in the area and will communicate any changes as soon as possible with you.
- Deadline: Ninety (90) days before arrival (three months) a written confirmation of the sales at the moment will be required as well the balance of the total value of the booking required.
- If an increase in the number of rooms (pre-booked or booked) is required at any moment it can be done but it will depend on the current availability at hotels.
- If you have a partial or complete cancellation of the trip before 90 days an administrative fee of \$50 per tour participant will be taken. All attempts to recover deposits will be made by Lifer Nature Tours. But please consider these refunds will depend on individual hotel policies.
- If you have a partial or complete cancellation of the trip between 60 to 30 days an administrative fee of \$100 per tour participant will be taken. All attempts to recover deposits will be made by Lifer Nature Tours. But please consider these refunds will depend on individual hotel policies.
- Less than 30 days prior to arrival all monies will be forfeited. No refunds will be made if you leave the trip for any reason, whether voluntary or involuntary. No refunds will be made for services not utilized.
- All confirmations, acceptances or cancellations should be sent to [sharpbill@lifertours.com](mailto:sharpbill@lifertours.com) and please add a copy to [birdingcostarica@gmail.com](mailto:birdingcostarica@gmail.com)